



**STATEMENT OF PROCEEDINGS FOR THE
REGULAR MEETING OF THE
LOS ANGELES COUNTY COMMISSION FOR CHILDREN AND FAMILIES
CHILDHOOD WELLNESS COMMITTEE**

CHICANA SERVICE ACTION CENTER

3601 EAST FIRST STREET LOS ANGELES, CA 90063

Thursday, March 31, 2011

9:30 AM

ROLL CALL

Present: Commissioner Franzen and Committee Chair Sorkin

Excused: Commissioner Kleinberg

1. Call to Order. (11-1490)

The meeting was called to order by Committee Chair Sorkin at 9 a.m.

I. ADMINISTRATIVE MATTER

2. Approval of the minutes of August 30, 2011. (11-1491)

On motion of Commissioner Sorkin, seconded by Commissioner Franzen, the minutes of August 30, 2010 were approved as submitted.

Attachments: [SUPPORTING DOCUMENT](#)

II. DISCUSSIONS

3. Review of past Committee accomplishments. (11-1492)

The Childhood Wellness Committee discussed the following accomplishments by the Committee:

- **The establishment of the Childhood Wellness Committee, formerly the Childhood Obesity Committee in 2007.**
- **The passage of a Board Motion in April 2009 to develop a Child Wellness policy for Los Angeles County.**

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- **The Committee's involvement with an Ad-Hoc workgroup which DCFS co-chaired to develop training recommendations for the DCFS Childhood Obesity Plan.**
 - **The Committee is partnering with DCFS, the Los Angeles County Department of Public Health, and the City of Pasadena Public Health Department in December 2009 to conduct Healthy Lifestyle Trainings at the various faith-based facilities in each of the Service Planning Areas of the County.**
 - **Sending a letter to First Lady Michelle Obama applauding her personal involvement to raise awareness to the importance of being physically active and eating right.**

After discussion, this item was received and filed.

4. Discussion regarding a strategy to address Childhood Asthma. (11-1493)

The Committee reported that:

- **When it expanded its scope from childhood obesity to wellness; there were discussions about addressing children with asthma.**
- **The Committee reviewed a report from the California Endowment, Health Survey conducted by the Los Angeles County Children's Planning Council ScoreCard and other relevant studies and documents which underscore the need to set forth a policy and plan on childhood asthma.**

After discussion, on motion of Commissioner Franzen, seconded by Committee Chair Sorkin, the Committee agreed to draft a letter to the Board of Supervisors on the development of a policy to address childhood Asthma within Los Angeles County and to place letter for discussion and approval by the Commission.

5. Review of the status of the following issues initiated by Commission/Committee:

- **2009 Board of Supervisors (Board) Motion (Agenda No. 11 of 4-11-09) related to the rising epidemic of Childhood Obesity.**
- **Letter to the Department of Children and Family Services (DCFS) requesting an update on Foster Family Agency and Group Home contract language related to meals/diet/nutrition.**

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- Letter to the Probation Department regarding the delay in implementation of new menus at Juvenile Halls (Issue discussed with Probation staff at the August 30, 2010 Committee Meeting.) (11-1494)

The Committee discussed the following:

2009 Board of Supervisors (Board) Motion (Agenda No. 11 of 4-11-09) related to the rising epidemic of Childhood Obesity.

- In December 2008, the Los Angeles County Commission for Children and Families issued a report to the Board of Supervisors on childhood obesity. DCFS Childhood Obesity Committee engaged a wide range of experts from County departments, the juvenile court, service providers and others to examine the issue and develop recommendations that address childhood obesity both on a broad scale and as it pertains to children under the auspices of the County.
- As a result, the Board instructed the Chief Executive Officer (CEO) to convene a Child Wellness Workgroup, comprised of the Departments of Public Health, Children and Family Services, Probation, Health, Mental Health, Parks and Recreation, the Los Angeles County Office of Education, the Commission for Children and Families, the Education Coordinating Council, First 5 Los Angeles, the Child Care Policy Roundtable, the Children's Council of Los Angeles County, the Association of Community Human Service Agencies (ACHSA), and the Juvenile Court, to develop a Child Wellness policy for Los Angeles County.
- Unfortunately, the Child Wellness Workgroup has not yet developed such a policy; therefore, the Committee discussed the possibility of drafting a letter to the CEO to inquire on the status of the language in contracts addressing the most current Nutritional Guidelines.

Letter to the Department of Children and Family Services (DCFS) requesting an update on Foster Family Agency and Group Home contract language related to meals/diet/nutrition.

- The Committee discussed drafting a letter to DCFS requesting an update on the Foster Family Agency and Group Home contract language related to meals/diet/nutrition. The Committee noted that prior to this meeting; a call was placed to DCFS regarding the contract language. However, the information was not received for this meeting.

Letter to the Probation Department regarding the delay in implementation of new menus at Juvenile Halls (Issue discussed with Probation staff at the August 30, 2010 Committee Meeting.)

- **In August 2010 the Committee invited representatives from the Probation Department to a Committee meeting to discuss nutrition and physical activity in Juvenile Halls and Probation Camps. At this meeting, Probation staff informed the Committee that a new menu was being developed. Unfortunately, to date a new menu has not yet been developed. The Committee is concerned about the lack of progress in revising the menus at the three Juvenile Halls, and discussed drafting a letter to the Probation Department inquiring about the status of the menu update.**

After discussion, this item was received and filed.

6. Discussion and approval of recommendation to send a letter to the Board and the Chief Executive Office (CEO) requesting a status of the 2009 Board Motion 11 of 4-14-11 related to the rising epidemic of Childhood Obesity. (11-1549)

After discussion, on motion of Commissioner Franzen, seconded by Commissioner Sorkin, the Committee approved a recommendation to send a letter to the Board and the CEO requesting a status of BOS Agenda Item No. 11 of 4-14-11 related to the rising epidemic of Childhood Obesity, and to place the letter on the Commission's agenda for consideration and approval.

Attachments: [SUPPORTING DOCUMENT](#)

7. Discussion and approval of a recommendation to send a letter to DCFS requesting an update on Foster Family Agency and Group Home contract language related to meals/diet/nutrition. (11-1535)

By common consent and there being no objection the Committee determined that a letter to DCFS requesting an update on Foster Family Agency and Group Home contract language related to meals/diet/nutrition was not necessary because prior to this meeting, the Committee placed a call to DCFS who stated that the information the Committee requested is forthcoming.

8. Discussion and approval of a recommendation to send a letter to the Probation Department regarding the delay in the implementation of new menus at Juvenile Halls. (11-1548)

After discussion, on motion of Commissioner Franzen, seconded by Committee Chair Sorkin, the Committee approved a recommendation to send a letter to the Probation Department regarding the delay in the implementation of new menus at Juvenile Halls, and place an item to consider and approve the letter at a subsequent Commission meeting.

III. MISCELLANEOUS

Announcements

9. Childhood Wellness Committee Announcements of March 31, 2011. (11-1556)

There were none.

Matters Not Posted

10. Items not posted on the agenda, to be presented and (if requested) referred to staff or placed on the agenda for action at a future meeting of the Committee, matters requiring immediate action because of an emergency situation or where the need to take immediate action came to the attention of the Committee subsequent to the posting of the Agenda. (11-1562)

There were none.

Public Comment

11. Opportunity for members of the public to address the Committee on items of interest that are within the jurisdiction of the Committee. (11-1499)

No member of the public addressed the Committee.

Adjournment

12. Adjournment for the meeting of March 31, 2011. (11-1497)

The Childhood Wellness Committee meeting was adjourned at 11 a.m.